|  |  |
| --- | --- |
| **Adding salt when cooking** | Description: Percentage of all respondents who always or often add salt to their food when cooking or preparing foods at home |
| Instrument question: D6: How often is salt, salty seasoning or a salty sauce added in cooking or preparing foods in your household? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Add salt always or often when cooking or preparing food at home** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 584 | 58.4 | 52.5 - 64.1 | 846 | 60.1 | 55.4 - 64.7 | 1430 | 59.3 | 55.3 - 63.2 |
| 30-44 | 652 | 60.8 | 55.2 - 66.1 | 1058 | 60.5 | 55.8 - 64.9 | 1710 | 60.6 | 56.7 - 64.4 |
| 45-59 | 404 | 55.5 | 49.2 - 61.7 | 608 | 53.6 | 47.8 - 59.3 | 1012 | 54.5 | 49.7 - 59.2 |
| 60-69 | 182 | 46.8 | 38.0 - 55.8 | 345 | 44.7 | 37.6 - 51.9 | 527 | 45.6 | 40.1 - 51.2 |
| **Total** | **1822** | **58.1** | **54.5 - 61.7** | **2857** | **58.1** | **54.7 - 61.4** | **4679** | **58.1** | **55.2 - 60.9** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1453 | 58.4 | 54.3 - 62.4 | 2406 | 58.6 | 55.0 - 62.2 | 3859 | 58.5 | 55.4 - 61.6 |
| Urban | 369 | 57.0 | 49.1 - 64.5 | 451 | 54.9 | 45.9 - 63.5 | 820 | 56.1 | 49.3 - 62.7 |